



CHRISTMAS 2021



Newsletter

December 2021

gcrh.org.au

From the General Manager's Desk

It has been a tough year again and it seems to be déjà vu all over again! We are really disappointed that we haven't been able to have a Christmas Party again; as we really do look forward to it!

The Marketing Committee thought it would be nice to give everyone a small present (included), just to say Merry Christmas and that you are not forgotten. We look forward to being able to provide some social outings sometime in the new year!

In the meantime, stay safe and enjoy being with family for the holidays.

*** On behalf of the Board Members & Staff, we wish everyone a Merry Christmas & Happy New Year!**

Christmas/ New Year Arrangements

- The Administration Office will be closed from **12.00pm on Thursday the 23rd December** and re-open on **Tuesday 4th January** at 9.00am.
- During these times, all maintenance requests should be made direct to Brenton or Steven on emergency number 0411 795 585.
- We would ask that any maintenance request be made only if urgent. If it is something that can wait until New Year, please wait until Tuesday the 4th Jan.
- **Rubbish Bins Collection**:
 - ***Bins out on Thursday 23rd December – Collection Friday 24th December.***
Bins will be put out on the Thursday morning and emptied on Friday as normal.
 - ***Bins out Thursday 30th December – Collection Friday 31st December.***
Bins will be put out on the Thursday morning and emptied on Friday as normal.

Covid – 19 Update

We now know that the borders have opened, which has seen Covid-19 cases in South Australia. We also have the new variant Omicron, which may result in additional cases in SA.

Can I recommend to all residents that we should continue to follow guidelines already in place. No need to be concerned but stay informed.

A reminder of the Covid safe behaviours:

- Stay at home & contact your doctor & get tested if you are if you are unwell, even with mild symptoms of cold or flu.
- Regular handwashing.
- Good coughing & sneezing etiquette (into your arm).
- Wipe down frequently touched surfaces.
- Get vaccinated against both Covid-19 and influenza.
- Physical distancing where possible.
- Wear masks if physical distancing is not possible (or wear designated to do so).
- Minimise use of shared equipment.

Many of you will now be eligible for a booster vaccination; It is recommended to get this done as soon as you can, particular with the Omicron variant. As always, speak to your doctor; I'll be doing so.

ACH Group – Social Activities

You may remember a couple of years ago that we had a morning tea with representatives from South Australian Community organisation ACH Group present to speak to us. They spoke about the option of arranging social activities. ACH Group have contacted GCRH to provide more information on providing new social experiences.

You can use your **MyAgedCare** pathways to subsidise ACH Group Social Experiences.

To find out more you can call the ACH Group on 1300 22 44 77 and PRESS 2 for the dedicated Welcome Team to learn more. about social activities that can be arranged using your myagedcare funding.

Included with the Newsletter is a flyer with some detail and we do have some brochures in the office also.



Good Lives for
Older People

Residents Away or Holiday Guests

A reminder about advising the office of when you are away or if you have guests staying. With the Christmas/New Year holidays, please let us know prior to the office closing at 12.00pm on Thursday 23rd December. Leave a message if office closed.

Annual General Meeting – 2022 Board

The GCRH AGM was held on Oct.27th. As advised in the Chairperson's Annual Report to the residents, Tracey Patrick has resigned from the Board. The election of office bearers at the AGM resulted in the following make-up of the Board:

Chairperson: Helen Sands

Deputy Chairperson: Naomi Reschke

Board Members: Craig Gogoll, Chris George, Sam Harnett, Shane Hennessy, Nick Pullman, Dr Malcolm Richards and Phil Zeunert. We thank them for their continuing voluntary support for GCRH.

From the Board Table

The Board met in October/December plus the AGM. Following is a summary of some of the agenda items:

Village Directional Signage –

- Remaining unit numbers now installed.

Marketing Committee –

- No social functions until further easing of Covid situation
- Gawler Show-debrief, numbers down, but still had good interaction.

Subsidised Entry Report Actions –

- Backdating of three year refunds complete, with residents advised.
- Residents at 18 Tod St advised of change of status to units when vacated.

Property Committee Report –

- Peppertree behind Gov Daly garages being removed.
- Community Hall upgrade options being sourced.

New James Martin Units & Lot 2 Building –

- New Units at JMV have now commenced.
- BBRF application unsuccessful; investigation Round 6 options.

Finance Committee –

- Capital Maintenance Fund; revenue from contract settlements increase.
- William Buck reappointed auditor for 2021-22.
- Five Year Forward Estimates Report being developed.

Sub Committee & Chairpersons –

- No changes to Sub-Committees for 2022.
- The *Executive Committee* comprises the Chairperson, Deputy Chairperson and the three Committee Chairpersons.

Christmas Hamper Draw

Unfortunately, the residents Christmas Party was cancelled due to Covid restrictions this year. However, we still conducted the annual Christmas Hamper draw; all Gawler Community Retirement Homes residents were included in the draw and we had eight prizes this year.

We would like to thank the Thirsty Camel Bottle Shop at the Kingsford Hotel & the Gawler Cinemas for their support of the draw.

The hamper draw was completed last week at our Board Executive meeting, with Chairperson, Helen Sands completing the draw assisted by Admin Assistant, Karen Ryder (as pictured). The winners are:

1st Prize: Xmas Hamper-Angie Hurn Elimatta

2nd Prize: Xmas Hamper-Ev & Barry Mathias Vin Rice

3rd Prize: Xmas Hamper-Jennie Ayris Vin Rice

4th Prize: Wine Pack-Ray & Marion Kenyon Vin Rice

5th Prize: Wine Pack - Doris Rehfeldt Elimatta

6th Prize: Cinema Tickets-Wilf & Betty Wagner Vin Rice

7th Prize: Cinema Tickets-Don & Margaret Raggatt Elimatta

8th Prize: Cinema Tickets-Barbara Barkey Elimatta

Prizes have been delivered to all winners.(Ho Ho Ho!)



Annual Residents Meeting Minutes

All residents should have received the Minutes from the Annual Residents Meeting held in October. Please advise the Administration Office if you haven't received a copy.



2021 Social & Information Events on Hold

I am sorry, but social functions continue to be on hold due to Covid-19 restrictions and our duty of care for everyone.

We will continue to monitor restrictions, but we are unlikely to start the calendar again until well into the new year.

Unit Numbers Installed

We have now completed the installation of the unit numbers to Dawes, Gov Daly, Gov Gawler & Vin Rice Villages. This was the last stage of the updates to the village direction maps. This will make it easier for people trying to find units. All the directional maps can be found on our website.



Summary of Current Vacancies

Elimatta Village:

Unit 17, 2-7 Fotheringham Street:

Subsidised Entry unit, with a large front living room and good sized bedroom with sliding door robe. This unit was refurbished recently and will have new floor coverings and a repaint. The near new kitchen has a rangehood & plenty of overhead cupboards. The bathroom/laundry has also been upgraded. Features split system r/c a/c in both lounge & kitchen plus ceiling fan in bedroom. The side courtyard is fully enclosed with rendered walls, plus outside storage; also, a front verandah. Subsidised Entry – (\$55,000).

Governor Daly Village:

Unit 18, 4A Daly Street

Excellent design two bedroom residence. Large lounge, meals area, kitchen, main bedroom with new sliding door robe. Modern kitchen includes s/s appliances; ceramic cooktop, underbench oven, rangehood, microwave prov & sink w/- mixer tap; plenty of cupboard space, with overheads and convenient draws. Bathroom recently refurbished,

has a fresh look. To have new floor coverings t/o, inc carpets and vinyl planks and a repaint. Window blinds are near new. Ducted r/c aircon and garage UMR with secure internal access. Rear courtyard with verandah and garden shed. Sep toilet and sep laundry; sep linen & broom cupboards. very private location. Just vacated. Priced at \$219,950.



Unit 8, 20 Daly Street:

Secluded location, with direct access to the main street. Two bedrooms and lounge/dining room; main bedroom features sliding door robe. Modern kitchen including overhead cupboards, rangehood, under bench oven & cooktop. Full size laundry with new cupboard; plus, linen cupboard o/s bathroom. Split system r/c air-con to living area. Bathroom with a new vanity cupboard & basin; showerscreen door and a separate toilet. Ready for quick settlement, near new floor coverings & blinds; rear courtyard features attractive decking and pergola. Detached secure garage with remote control access. Priced now at \$199,950.

Vin Rice Village:

Unit 3, 4 David Street:

Great value unit in a fantastic location; built in 2004, with a clever design. Large bedroom, with 2 sliding door robes and direct access to bathroom. Sunroom, suitable as a second bedroom, office or utility room. Lounge has plenty of room & a new split unit r/c air-con. New carpets & vinyl planks t/o; full repaint. Kitchen has plenty of cupboard space, with extra overheads and a new rangehood. 'Euro' style laundry next to the kitchen. Bathroom with full vanity, showerscreen & door. Courtyard with a pergola, while front also has a verandah. Detached garage on site with remote. Priced at \$194,950.

*** Please contact the office for more information. Remember if you provide us a contact who purchases a unit, we offer a 'finders fee'.**



Governor Gawler Village:

Unit 11, 11 Hutchinson Road

Three Bedroom home situated in a popular village in Gawler East. Quality home built in 2004. Walk into a spacious entry hall, also entrance from the garage. Large living/meals area with a well-appointed kitchen, inc. pantry and new overhead cupboards; to inc. a new rangehood, new underbench oven and new ceramic cooktop. Main bedroom has a walk-in robe; there is also a sliding door robe in bedroom 3. Two-way bathroom, with access from main bedroom; plus separate vanity area, with linen cupboard and separate toilet. Large laundry has a second toilet and room for cupboards. New carpets in living area & bedrooms. Hallway & kitchen are tiled. New blinds throughout and repaint. New split reverse cycle aircon in the family/dine; plus unit in the main bedroom, with ceiling fan. The garage is unbranded; Rear courtyard being refurbished, including new shadesail, new concrete for the patio and both side accessways. Garden shed for extra storage. Priced at \$309,950.



James Martin Village Update

Our application for BBRF funding towards our development of the aged care building was unsuccessful. The Board is considering whether an application will be made for the new round, due to be released shortly.

The first two Fairmont units have now started at the village. They will become units 25 & 26 and we now expect completion between June & August. We do already have holds on both units from prospective residents off our database.

New Residents

We would like to welcome the following new residents to Gawler Community Retirement Homes:

- Anne Hancock moved into Elimatta Village in September.
- Paulene Donlon moved into Governor Daly Village in October.
- Susan Bekker moved into Governor Daly Village in November.

- Carole & Les Swavley moved into Elimatta Village in December.

Another unit was settled in Vin Rice Village in December.

The following units are vacant, but have prospective new residents who have paid a deposit:

- Unit 4, Governor Gawler Village.
- Unit 1, 5 Lyndoch Road, Dawes Village.
- Unit 4, 2-7 Fotheringham Terrace Elimatta Village.
- Unit 36, 16 Tod St, Elimatta Village.
- Unit 23, James Martin Village.

Didn't get an interview with us!

Ray and Bob, two government maintenance guys, were standing at the base of a flagpole, looking up. A woman walked by and asked what they were doing. "We're supposed to find the height of the flagpole", said Bob, "But we don't have a ladder." The woman said, "Hand me that wrench out of your toolbox." She loosened a few bolts, and then laid the pole down. She then took a tape measure from their toolbox, took a measurement and announced, "Eighteen feet, six inches" and walked away. Ray shook his head and laughed. "Well, ain't that just like a 'Miss-know-it-all' woman?" he said. "We need the height and she gives us the length!" Ray and Bob are still working for the government. But now they're congressmen.

Outside Contribution – Thanks Stephen L!

This is what we, who are aged 70 or 80 years plus, can look forward to.

This is something that happened at an assisted living center. The people who lived there had small apartments but they all ate at a central cafeteria. One morning one of the residents didn't show up for breakfast so my wife went upstairs and knocked on his door to see if everything was OK. She could hear him through the door and he said that he was running late and would be down shortly, so she went back to the dining area.



An hour later he still hadn't arrived, so she went back up towards his room but found him on the stairs. He was coming down the stairs but was having a hard time. He had a death grip on the hand rail and seemed to have trouble getting his legs to work right. She told him she was going to call an ambulance but he told her no, he wasn't in any pain and just wanted to have his breakfast. So, she helped him the rest of the way down the stairs and he had his breakfast. When he tried to return to his room, he was completely unable to get up even the first stair step, so they called an ambulance for him.

A couple of hours later she called the hospital to see how he was doing. The receptionist there said he was fine, he just had both of his legs in one side of his boxer shorts.